MOUNTAIN VIEW CHRISTIAN SCHOOLS

APRIL

Kindergarten - 8th Grade **LUNCH MENU**



Monday	Tuesday	Wednesday	Thursday	Friday
No School	Shelf Stable Beef Bites & Cheese Stick, Poptillas, Applesauce, Veg Juice & Milk	Chicken Enchilada w/ Salsa Verde Roasted Chickpeas Banana (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Chicken Burrito Bowl w/ Black Beans Cucumber Slices (1/4) w/ Tajin Apple (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Hamburger Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk
Cheeseburger w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White Fat Free Chocolate Milk	9 Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Cheese Enchilada w/ Salsa Verde Roasted Chickpeas Banana (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Chicken Burrito Bowl w/ Black Beans Celery Sticks (1/4 C) Apple (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Deep Dish Pepperoni Pizza Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk
Grilled Chicken Sandwich w/ Oven Baked Fries & BBQ Sauce Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White Fat Free Chocolate Milk	Chicken Bites w/ Mashed Potatoes Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Chicken Teriyaki w/ Yakisoba Noodles & Carrot-Cabbage Mix Roasted Chickpeas Banana (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Turkey Nachos w/ Refried Beans & Tortilla Chips Cucumber Slices (1/4 C) w/ Tajin Apple (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Deep Dish Pepperoni Pizza Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk
Hot Dog w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White Fat Free Chocolate Milk	Spaghetti w/ Meat Sauce Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Chicken Enchilada w/ Salsa Verde Roasted Chickpeas Banana (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Chicken Salad Sandwich w/ Roasted Fava Beans Cucumber Slices (1/4 C) w/ Tajin Apple (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Hamburger Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk
Cheeseburger w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White Fat Free Chocolate Milk	Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk			

