

APRIL
Preschool
LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 Shelf Stable Beef Bites & Cheese Stick, Poptillas, Applesauce, Veg Juice & Milk	3 Bean & Cheese Pupusa w/ Salsa Cup Roasted Chickpeas Banana (1/2 C) 1% Low Fat White	4 Chicken Burrito Bowl w/ Black Beans Cucumber Slices (1/4 C) Apple (1/2 C) 1% Low Fat White	5 Hamburger Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Orange (1/2 C) 1% Low Fat White
8 Cheese Melt Sandwich w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White	9 Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White	10 Chicken Tamale w/ Diced Carrots Roasted Chickpeas Banana (1/2 C) 1% Low Fat White	11 Chicken Burrito Bowl w/ Black Beans Celery Sticks (1/4 C) Apple (1/2 C) 1% Low Fat White	12 Deep Dish Pepperoni Pizza Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Orange (1/2 C) 1% Low Fat White
15 Cheese Melt Sandwich w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White	16 Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White	17 Bean & Cheese Pupusa w/ Salsa Cup Roasted Chickpeas Banana (1/2 C) 1% Low Fat White	18 Cheese Tamale w/ Black Beans Cucumber Slices (1/4 C) Apple (1/2 C) 1% Low Fat White	19 Deep Dish Pepperoni Pizza Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Orange (1/2 C) 1% Low Fat White
22 Cheese Melt Sandwich w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White	23 Spaghetti w/ Meat Sauce Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White	24 Bean & Cheese Pupusa w/ Salsa Cup Roasted Chickpeas Banana (1/2 C) 1% Low Fat White	25 Chicken Salad Sandwich w/ Roasted Fava Beans Cucumber Slices (1/4 C) Apple (1/2 C) 1% Low Fat White	26 Deep Dish Pepperoni Pizza Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Orange (1/2 C) 1% Low Fat White
29 Cheese Melt Sandwich w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White	30 Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White			