

MOUNTAIN VIEW CHRISTIAN SCHOOLS

MAY 9th- 12th Grade LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Cheese Enchilada w/ Salsa Verde Snap Peas 2oz Banana (1/2 C) Pear 1% Low Fat White Fat Free Chocolate Milk</p>	<p>2</p> <p>Turkey Nachos w/ Refried Beans & Tortilla Chips Cucumber Slices (1/2 C) w/ Tajin Apple (1/2 C) Orange 1% Low Fat White Fat Free Chocolate Milk</p>	<p>3</p> <p>Beef, Bean & Cheese Burrito Fresh Broccoli (3/4c) Orange (1/2 C) Apple 1% Low Fat White Fat Free Chocolate Milk</p>
<p>6</p> <p>Cheeseburger w/ Oven Baked Fries Baby Carrots (1/2 C) 100% Fruit Juice 4 oz Orange 1% Low Fat White Fat Free Chocolate Milk</p>	<p>7</p> <p>Chicken Alfredo Pasta w/ Steamed Broccoli Baby Carrots (1/2 C) Orange (1/2 C) Apple 1% Low Fat White Fat Free Chocolate Milk</p>	<p>8</p> <p>Bean & Cheese Pupusa w/ Salsa Cup Roasted Fava Beans Banana (1/2 C) Pear 1% Low Fat White Fat Free Chocolate Milk</p>	<p>9</p> <p>Cheese Tamale w/ Black Beans Celery Sticks (1/2 C) Apple (1/2 C) Orange 1% Low Fat White Fat Free Chocolate Milk</p>	<p>10</p> <p>Deep Dish Pepperoni Pizza Fresh Broccoli (3/4c) Baby Carrots (1/4 C) Orange (1/2 C) Pear 1% Low Fat White Fat Free Chocolate Milk</p>
<p>13</p> <p>Cheeseburger w/ Oven Baked Fries Baby Carrots (1/2 C) 100% Fruit Juice 4 oz Orange 1% Low Fat White Fat Free Chocolate Milk</p>	<p>14</p> <p>Chicken Bites w/ Mashed Potatoes & Pretzel Crackers Baby Carrots (1/2 C) Orange (1/2 C) Apple 1% Low Fat White Fat Free Chocolate Milk</p>	<p>15</p> <p>Bean & Cheese Pupusa w/ Salsa Cup Roasted Fava Beans Banana (1/2 C) Pear 1% Low Fat White Fat Free Chocolate Milk</p>	<p>16</p> <p>Turkey Nachos w/ Refried Beans & Tortilla Chips Cucumber Slices (1/2 C) w/ Tajin Apple (1/2 C) Orange 1% Low Fat White Fat Free Chocolate Milk</p>	<p>17</p> <p>Hamburger Fresh Broccoli (3/4c) Baby Carrots (1/4 C) Orange (1/2 C) Pear 1% Low Fat White Fat Free Chocolate Milk</p>
<p>20</p> <p>Cheeseburger w/ Oven Baked Fries Baby Carrots (1/2 C) 100% Fruit Juice 4 oz Orange 1% Low Fat White Fat Free Chocolate Milk</p>	<p>21</p> <p>Chicken Bites w/ Mashed Potatoes & Pretzel Crackers Baby Carrots (1/2 C) Orange (1/2 C) Apple 1% Low Fat White Fat Free Chocolate Milk</p>	<p>22</p> <p>Penne Pasta & Meat Sauce w/ Wheat Crackers Roasted Fava Beans Banana (1/2 C) Pear 1% Low Fat White Fat Free Chocolate Milk</p>	<p>23</p> <p>Turkey Nachos w/ Refried Beans & Tortilla Chips Cucumber Slices (1/2 C) w/ Tajin Apple (1/2 C) Orange 1% Low Fat White Fat Free Chocolate Milk</p>	<p>24</p> <p>LAST DAY OF SCHOOL NO LUNCH</p>