## **MOUNTAIN VIEW CHRISTIAN SCHOOLS**

## **MAY**

## K - 8th Grade **LUNCH MENU**



Monday	Tuesday	Wednesday	Thursday	Friday
		Cheese Enchilada w/ Salsa Verde Snap Peas 2oz Banana (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Turkey Nachos w/ Refried Beans & Tortilla Chips Celery Sticks (1/4 C) Apple (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Beef, Bean & Cheese Burrito Fresh Broccoli (3/4c) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk
Cheeseburger w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White Fat Free Chocolate Milk	7 Chicken Alfredo Pasta w/ Steamed Broccoli Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	8 Bean & Cheese Pupusa w/ Salsa Cup Roasted Chickpeas Banana (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Cheese Tamale w/ Black Beans Celery Sticks (1/4 C) Apple (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Deep Dish Pepperoni Pizza Fresh Broccoli (3/4c) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk
Cheeseburger w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White Fat Free Chocolate Milk	Chicken Bites w/ Mashed Potatoes Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Bean & Cheese Pupusa w/ Salsa Cup Roasted Chickpeas Banana (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Turkey Nachos w/ Refried Beans & Tortilla Chips Cucumber Slices (1/4 C) w/ Tajin Apple (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Hamburger Fresh Broccoli (3/4c) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk
Cheeseburger w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White Fat Free Chocolate Milk	Chicken Bites w/ Mashed Potatoes Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Baked Beef Ziti Roasted Chickpeas Banana (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	Turkey Nachos w/ Refried Beans & Tortilla Chips Cucumber Slices (1/4 C) w/ Tajin Apple (1/2 C) 1% Low Fat White Fat Free Chocolate Milk	24 Last Day Of School No Lunch