

MOUNTAIN VIEW CHRISTIAN SCHOOLS

MAY

Preschool BREAKFAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Banana Bread 100% Fruit Juice 4 oz 1% Low Fat White Fat Free White Milk	2 Waffle w/ Syrup Banana (1/2 C) 1% Low Fat White Fat Free White Milk	3 Cinnamon Chex Cereal w/ Honey Grahams Pear (1/2 C) 1% Low Fat White Fat Free White Milk
6 Mantecada Sweet Bread Apple (1/2 C) 1% Low Fat White Fat Free White Milk	7 Egg & Cheese Empanada Orange (1/2 C) 1% Low Fat White Fat Free White Milk	8 Cheerios Cereal w/ Honey Grahams 100% Fruit Juice 4 oz 1% Low Fat White Fat Free White Milk	9 Waffle w/ Syrup Banana (1/2 C) 1% Low Fat White Fat Free White Milk	10 Cinnamon Chex Cereal w/ Honey Grahams Pear (1/2 C) 1% Low Fat White Fat Free White Milk
13 Cheerios Cereal w/ Honey Grahams Apple (1/2 C) 1% Low Fat White Fat Free White Milk	14 Egg & Cheese English Muffin Sandwich Orange (1/2 C) 1% Low Fat White Fat Free White Milk	15 Yogurt w/ Honey Grahams 100% Fruit Juice 4 oz 1% Low Fat White Fat Free White Milk	16 Vanilla Muffin Banana (1/2 C) 1% Low Fat White Fat Free White Milk	17 Conchita w/ String Cheese Pear (1/2 C) 1% Low Fat White Fat Free White Milk
20 Cheerios Cereal w/ Honey Grahams Apple (1/2 C) 1% Low Fat White Fat Free White Milk	21 Breakfast Burrito Orange (1/2 C) 1% Low Fat White Fat Free White Milk	22 Cheerios Cereal w/ Honey Grahams 100% Fruit Juice 4 oz 1% Low Fat White Fat Free White Milk	23 Blueberry Muffin Banana (1/2 C) 1% Low Fat White Fat Free White Milk	24 Cranberry Oatmeal Round Pear (1/2 C) 1% Low Fat White Fat Free White Milk



All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.
This institution is an equal opportunity provider. **Menus are subject to change without notice.**