

# MOUNTAIN VIEW CHRISTIAN SCHOOLS

## MAY Preschool LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Chicken Tamale w/ Diced Carrots Snap Peas 2oz Banana (1/2 C) 1% Low Fat White</p>	<p>2 Chicken Burrito Bowl w/ Black Beans Celery Sticks (1/4 C) Apple (1/2 C) 1% Low Fat White</p>	<p>3 Deep Dish Pepperoni Pizza(35) Fresh Broccoli (3/4c) Orange (1/2 C) 1% Low Fat White</p>
<p>6 Cheeseburger w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White</p>	<p>7 Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White</p>	<p>8 Bean &amp; Cheese Pupusa w/ Salsa Cup Roasted Chickpeas Banana (1/2 C) 1% Low Fat White</p>	<p>9 Cheese Tamale w/ Black Beans Celery Sticks (1/4 C) Apple (1/2 C) 1% Low Fat White</p>	<p>10 Deep Dish Cheese Pizza Fresh Broccoli (3/4c) Orange (1/2 C) 1% Low Fat White</p>
<p>13 Cheese Melt Sandwich w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White</p>	<p>14 Chicken Bites w/ Mashed Potatoes Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White</p>	<p>15 Bean &amp; Cheese Pupusa w/ Salsa Cup Roasted Chickpeas Banana (1/2 C) 1% Low Fat White</p>	<p>16 Cheese Tamale w/ Black Beans Cucumber Slices (1/4 C) w/ Tajin Apple (1/2 C) 1% Low Fat White</p>	<p>17 Deep Dish Pepperoni Pizza Fresh Broccoli (3/4c) Orange (1/2 C) 1% Low Fat White</p>
<p>20 Cheese Melt Sandwich w/ Oven Baked Fries Baby Carrots (1/4 C) 100% Fruit Juice 4 oz 1% Low Fat White</p>	<p>21 Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots (1/2 C) Orange (1/2 C) 1% Low Fat White</p>	<p>22 Penne Pasta &amp; Meat Sauce Roasted Chickpeas Banana (1/2 C) 1% Low Fat White</p>	<p>23 Cheese Tamale w/ Black Beans Cucumber Slices (1/4 C) w/ Tajin Apple (1/2 C) 1% Low Fat White</p>	<p>24 LAST DAY OF SCHOOL NO LUNCH</p>



All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. **Menus are subject to change without notice.**