

# December Lunch

K-8



| Monday                                      | Tuesday  | Wednesday   | Thursday  | Friday                           |
|---|--|---|---|----------------------------------|
| 2   | 3  | 4   | 5   | 6                                |
| Cheeseburger w/ Oven Baked Fries            | Cheese Lasagna w/ Marinara   | Sesame Beef Bowl w/ Broccoli                                  | Turkey Nachos w/ Refried Beans & Poptillas      | Pepperoni Pizza                  |
| 9   | 10   | 11  | 12  | 13                               |
| Hot Dog w/ Oven Baked Fries                 | Penne & Meat Sauce w/ Diced Carrots  | Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots          | BBQ Chicken w/ Baked Beans & Dinner Roll        | Beef, Bean & Cheese Burrito      |
| 16  | 17   | 18  | 19  | 20                               |
| Crispy Chicken Sandwich w/ Oven Baked Fries | Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams | Holiday Meal- Turkey & Gravy w/ Mashed Potatoes & Dinner Roll | Turkey Nachos w/ Refried Beans & Tostitos Chips | Pepperoni Pizza                  |
| 23  | 24   | 25  | 26  | 27                               |
| <b>NO SCHOOL CHRISTMAS BREAK</b>            | <b>NO SCHOOL CHRISTMAS BREAK</b>   | <b>NO SCHOOL CHRISTMAS BREAK</b>                              | <b>NO SCHOOL CHRISTMAS BREAK</b>                | <b>NO SCHOOL CHRISTMAS BREAK</b> |
| 30  | 31   |   |   |                                  |
| <b>NO SCHOOL CHRISTMAS BREAK</b>            | <b>NO SCHOOL CHRISTMAS BREAK</b>   |   |   |                                  |

| Lunch Includes:  | Veg of the Day:   | Featured Fruit:  | RevUp Rewards:   |
|--|---|--|--|
| Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk<br>Fruit & Vegetable of the Day<br>Vegetarian<br>*May include an extra 1/2 cup veg for compliance | Monday:Baby Carrots (1/4 C),Side of Oven Baked Fries (1/2 C)<br>Tuesday:Baby Carrots (1/2 C)<br>Wednesday:Roasted Chickpeas<br>Thursday:Cucumber Slices (1/4 C) w/ Tajin,Celery Sticks (1/4 C)<br>Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) | 100% Fruit Juice 4 oz,Mandarin Orange (1/2 C),Banana (1/2 C),Apple (1/2 C),Persimmon (1/2 C) | Scan Our QR Code Daily<br>Complete the Survey<br><b>You're Entered to Win!</b><br>Drawings Monthly<br>Learn More and See Prizes:<br><a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a> |

