

September Lunch

K-8TH



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Chicken Bites w/ Oven Bakes Fries	Bean & Cheese Burrito w/ Baby Carrots	Sesame Beef Bowl w/ Broccoli	Turkey Nachos w/ Refried Beans & Tortilla Chips
7	8	9	10	11
No School Labor Day	Orange Chicken & Not So Fried Rice w/ Peas & Giant Goldfish Grahams	Pineapple Teriyaki Chicken w/ Rice & Diced Carrots	Chicken Bites w/ Corn	Bean & Cheese Pupusa w/ Pinto Beans
14	15	16	17	18
Pepperoni Pizza	Crispy Chicken Sandwich w/ Oven Baked Fries	Parm Pizza Bites w/ Marinara Dipping Sauce	Hot Dog w/ Oven Baked Fries	Grilled Cheese Sandwich w/ Roasted Fava Beans
21	22	23	24	25
Cheese Pizza	Chicken Bites w/ Oven Bakes Fries	Penne & Meat Sauce	Chicken Dumplings w/ Mixed Veggies	Turkey Nachos w/ Refried Beans & Tortilla Chips
28	29	30		
Pepperoni Pizza	Cheeseburger w/ Oven Baked Fries	Pineapple Teriyaki Chicken w/ Rice & Diced Carrots		

Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk or Fat Free Strawberry Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday: Fresh Broccoli w/ Ranch (3/4c) Tuesday: Baby Carrots (1/4 C) Wednesday: Celery Sticks (1/4 C) Thursday: Cucumber Slices (1/4 C) w/ Tajin Friday: Jicama Slices (1/4 C)	Apple (1/2 C), Banana (1/2 C), Nectarine (1/2 C), 100% Fruit Juice 4 oz, Peach (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 